



HEART

We are busy scheduling our **Winter 2012 Sibshops** for children and teens!

~~~These Sibshops are filling up now~~~

TEEN Sibshop Ages 13-17 years SATURDAY February 25th 1:00pm-4:00pm

CHILD Sibshop Ages 8-12 years SATURDAY March 24th 10:30am-2:30pm

Throughout their lives, brothers and sisters will share many—if not most—of the same concerns that parents of children with special needs experience, as well as issues that are uniquely theirs. **Because the sibling relationship is usually the longest-lasting relationship in a family, brothers and sisters will likely be involved in the life of the child with special needs longer than anyone—including their parents.** For the sake of everyone—brothers, sisters, parents, providers, and *especially* the family member who has special needs—siblings and their concerns should not be ignored.

What happens at a Sibshop? Sibshops are “petal-to-the-metal” events building self-esteem and fostering a feeling of being special! With an emphasis on wellness, Sibshops give kids & teens a chance to meet other siblings, play outrageous games, talk about the good, and not-so-good, parts of having a sib with special needs with others who “get it”! Sibshops are NOT a therapy group nor are they a social skills training. Led by trained facilitators, Sibshop events are fun events and a chance to meet others 'just like me'!!



*Register at www.HEART-Medina.org